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## Amended claims

1. Use of a fermented wheat germ extract (Avemar®) for the manufacture of a medicament for treating or preventing or alleviating arthritis.

2. The use according to claim (1) wherein arthritis is rheumatoid arthritis.

3. Use of a fermented wheat germ extract (Avemar®) and an anti-inflammatory agent for the manufacture of a medicament for treating or preventing or alleviating arthritis.

4. The use according to claim (3) wherein the anti-inflammatory agent is a non-steroidal anti-inflammatory agent.

5. The use according to claim (5) wherein the non-steroidal anti-inflammatory agent is diclophenac.

6. A pharmaceutical composition comprising an effective amount of fermented wheat germ extract (Avemar®) in combination with an anti-inflammatory agent and a pharmaceutically acceptable carrier.

7. The pharmaceutical composition according to claim (6) wherein the anti-inflammatory agent is a non-steroidal anti-inflammatory agent.

8. The pharmaceutical composition according to claim (7) wherein the non-steroidal anti-inflammatory agent is diclophenac.

9. A method of treating or preventing or alleviating arthritis in a mammal including human comprising administering to said mammal, in which such treatment or prevention or alleviation is desired, an effective amount of fermented wheat germ extract (Avemar®).

10. The method of claim (9) comprising further administering an anti-inflammatory agent.